Opioid Treatment Resource Guide in Maryland, Washington, D.C. and Northern Virginia

Residential Treatment Centers (RTC)

A live-in facility that provides medication-assisted treatment and counseling services for a period of 30-, 60- or 90 days.

City and County	Facility	General Information
Anne Arundel County	Hope House	■ **410-923-6700** 26 Marbury Dr., Crownsville, MD 21032
Anne Arundel County	Luminis Health Pathways	■ **443-481-5400** 2620 Riva Road, Annapolis, MD 21401
Anne Arundel County	Sandstone	■ **202-793-8935** 2020 Martins Grant Ct., Crownsville, MD 21032
Arlington County	National Capital Treatment & Recovery (formerly Phoenix House of Northern Virginia)	■ **888-671-9392** 521 N. Quincy St., Arlington, VA 22203
Baltimore City	Mountain Manor Treatment Centers	■ **800-446-8833** 3800 Frederick Ave., Baltimore, MD 21229
Carroll County	Mountain Manor Treatment Centers	■ **301-447-2361** 9701 Keysville Rd/U. S Rte. 15 Emmitsburg, MD 21727
Cecil County	Recovery Centers of America	■ **844-862-3463, 800-732-6837** 314 Grove Neck Road, Earleville, MD 21919
Charles County	Recovery Centers of America	■ **844-862-3463, 800-732-6837** 11100 Billingsley Road, Waldorf, MD 20602
Dorchester County	Warwick Manor Behavior Health	■ **410-943-8108** 3680 Warwick Road, East New Market, MD 21631
Fairfax County	Sandstone	■ **703-686-5753** 15100 Enterprise Ct, Ste 300, Chantilly, VA 20151
Frederick County	Mountain Manor Treatment Centers	■ **301-368-8188** 7281 Marcie's Choice Lane, Frederick, MD 21704
Harford County	Ashley Addiction Treatment	■ **410-273-6600** 800 Tydings Lane, Havre de Grace, MD 21078
Harford County	Pyramid Healthcare	■ **301-690-8329** 1015 Pulaski Highway, Joppa, MD 21085
Montgomery County	Mountain Manor Treatment Centers	■ **301-279-8828** 14701 Avery Rd, Rockville, MD 20853

City and County	Facility	General Information
Prince George's County	Hope House	■ **301-490-5551** 429 Main St., Laurel, MD 20707
St Mary's County	Pyramid Healthcare	■ **301-690-8329** 448971 St. Andrew's Church Rd. California, MD 20619

Intensive Outpatient Programs (IOP)

Outpatient medication-assisted treatment and counseling services requiring 9–12 hours of treatment per week.

City and County	Facility	General Information
Anne Arundel County	Hope House	■ **410-923-6700** Crownsville, MD 21032
Anne Arundel County	Congruent Counseling (adolescent & adult services)	■ **410-740-8066/8067** 8638 Veterans Hwy., Suite 301 Millersville, MD 21108
Anne Arundel County	Luminis Health Pathways	■ **443-481-5400** 2620 Riva Road, Annapolis, MD 21401
Anne Arundel County	Kolmac Addiction Recovery Center	■ **888-331-5251** 820 Bestgate Rd, Suite 2C, Annapolis, MD 21401
Arlington County	National Capital Treatment & Recovery (formerly Phoenix House) (adolescent & adult services)	■ **703-841-0703** 521 N. Quincy St., Arlington, VA 22203
Arlington County	Recovery Unplugged (Harrison House)	■ **844-788-3813** 5105 Backlick Rd, Annandale, VA 22003
Arlington County	Kolmac Addiction Recovery Center	■ **888-331-5251** 1701 Clarendon Blvd, Suite 115, Arlington, VA 22209
Baltimore County	Bergand Group	■ **410-853-7691** 1300 York Road, Building C, Suite 300 Lutherville, MD 21903
Baltimore County	Congruent Counseling (adolescent & adult services)	■ **410-740-8066/8067** 7600 York Road, Towson, MD 21204
Baltimore County	Kolmac Addiction Recovery Center	■ **888-331-5251** 1447 York Rd, Suite 408, Lutherville-Timonium MD 21093
Baltimore County	Sandstone	■ **410-847-7574** 521 East Joppa Rd, Suite 105, Towson, MD 21286
Carroll County	Congruent Counseling (adolescent & adult services)	■ **410-740-8066/8067** 6220 Georgetown Blvd., Suite C Eldersburg, MD 21784
Cecil County	Ashley Addiction Treatment	■ **410-273-6600** 111 High St., Suite 109, Elkton, MD 21921
Fairfax County	Recovery Unplugged at Harrison House	■ **703-256-6474** 5105Q Backlick Road, Annandale, VA 22003

City and County	Facility	General Information
Fairfax County	Sandstone	■ **703-260-9359** 11415 Isaac Newton Square S, Reston, VA 20190
Frederick County	Congruent Counseling (adolescent & adult services)	■ **410-740-8066** 22 South Market St., Frederick, MD 21701
Harford County	Ashley Addiction Treatment	■ **410-273-6600** 520 Upper Chesapeake Drive, Suite 304 Bel Air, MD 21014
Harford County	Bergand Group	■ **443-299-6766** 1803 Harford Road, Fallston, MD 21047
Howard County	Congruent Counseling (adolescent & adult services)	■ **410-740-8066/8067** 10630 Little Patuxent Pkwy., Suite 209 Columbia, MD 21044
Howard County	Kolmac Addiction Recovery Center	■ **301-589-0255** 10632 Little Patuxent Pkwy, Suite 410 Columbia, MD 21044
Montgomery County	Congruent Counseling (adolescent & adult services)	■ **410-740-8066** 199 East Montgomery Avenue, Rockville, MD 20850
Montgomery County	Kolmac Addiction Recovery Center	■ **888-331-5251** 8561 Fenton St, Ste 250, Silver Spring, MD 20910
Prince George's County	Hope House	■ **301-490-5551** Laurel, MD 20707
St. Mary's County	Pyramid Walden (adolescent & adult services)	■ **301-997-1300** 44871 St. Andrew's Church Road California, MD 20619
Washington, D.C.	Aquila Recovery	■ **202-244-0962** 5100 Wisconsin Ave., NW, Suite 307, Washington, D.C. 20016
Washington, D.C.	Kolmac Outpatient Recovery Centers	■ **202-638-1992** 1411 K St., NW, Washington, D.C. 20005
Washington, D.C.	Veterans Administration Medical Center	■ **202-745-8000** 50 Irving St., NW, Washington, D.C. 20422
Wicomico County	Peninsula Mental Health and Addiction Services	■ **410-860-2673** 102 West Market St., Salisbury, MD 21801
Wicomico County	Congruent Counseling	■ **410-740-8066** 100 N Division St., Salisbury, MD 21801

Office Based Opioid Treatment (OBOT)

Medication-assisted treatment and counseling services.

City and County	Facility	General Information
Anne Arundel County	MATClinics	■ **410-324-6585** 107 Ridgely Ave., Suite 12, Annapolis, MD 21401
Arlington County	National Capital Treatment and Recovery	■ **703-841-0703** 200 N. Glebe Rd, Suite 104, Arlington, VA 22203
Baltimore City	MedMark Treatment Centers	■ **410-354-2800** 2490 Giles Road, Baltimore, MD 21225
Baltimore City	MedMark Treatment Centers	■ **443-290-6424** 817 N. Calvert St., Baltimore, MD 21202
Baltimore County	MATClinics	■ **410-324-6585** 40 S. Dundalk Ave., Suite 400, Dundalk, MD 21222
Baltimore County	MATClinics	■ **410-324-6585** 40 York Road, Suite 201, Towson, MD 21204
Baltimore County	MedMark Treatment Centers	■ **410-486-2500** 8909 Kelso Drive, Essex, MD 21221
Baltimore County	MedMark Treatment Centers	■ **410-561-9591** 2 W. Aylesbury Road, Timonium, MD 21093
Carroll County	MATClinics	■ **410-324-6585** 531 Old Westminster, MD 21157
Harford County	MedMark Treatment Centers	■ **410-273-9700** 1361 Brass Mill Road, Suite A, Belcamp, MD 21017
Howard County	Gladstone Psychiatry and Wellness	■ **443-708-5856** 9841 Broken Land Pkwy., Suite 211 Columbia, MD 21046
Prince George's County	MATClinics	■ **410-324-6585** 601 7th St., Suite 304, Laurel, MD 20707
Somerset County	Anchor Health Services	■ **410-968-1800** 4384 Crisfield Hwy., Crisfield, MD, 21817
Washington County	MATClinics	■ **410-324-6585** 1101 Opal Ct, Suite 301, Hagerstown, MD 21740
Washington, D.C.	Ghulam Abbas	■ **301-787-8030** 1115 U St. NW, Washington, D.C. 20009
Washington, D.C.	Thalia Attinger	■ **202-449-9686** 1100 Alabama Ave SE, Washington, D.C. 20007
Washington, D.C.	David Ault	■ **202-986-0371** 1800 R St. NW, Ste C9, Washington, D.C. 20009
Washington, D.C.	John Dombrowski	■ **202-362-4787** 3301 New Mexico Ave NW, Washington, D.C. 20016

City and County	Facility	General Information
Washington, D.C.	Jennifer Haydek	■ **202-444-8168** 3800 Reservoir Rd NW, Washington, D.C. 20007
Washington, D.C.	Lisa Lindstrom	■ **202-684-7060** 955 Lenfant Plz SW, Washington, D.C. 20024
Washington, D.C.	John Maloney	■ **202-496-9700** 2141 K St. NW, Washington, D.C. 20037
Washington, D.C.	Nadine Missiet Fogoum	■ **202-221-8410** 1010 Wisconsin Ave NW, Washington, D.C. 20007
Washington, D.C.	Patricia Ntali	■ **240-246-0423** 702 15th St NE Washington, D.C. 20002
Washington, D.C.	Celia Oliveira	■ **202-537-3833** 3301 New Mexico Ave NW, Washington, D.C. 20016
Washington, D.C.	Daniel Powell	■ **301-924-7177** 2115 Wisconsin Ave NW, Washington, D.C. 20007
Washington, D.C.	Navin Reddy	■ **202-483-8196** 5100 Wisconsin Ave NW, Washington, D.C. 20016
Washington, D.C.	Sara Shiffman	■ **800-555-1212** 1555 Connecticut Ave NW, Washington, D.C. 20036
Washington, D.C.	Carolyn Wakeman	■ **202-483-8196** 100 Gallatin St. NE, Washington, D.C. 20011
Washington, D.C.	Willa Xiong	■ **202-944-5400** 2115 Wisconsin Ave. NW, Washington, D.C. 20007

Other: Opioid Treatment Partners

Medication-assisted treatment and counseling services.

City and County	Facility	General Information
Arlington County	Commonwealth Medical Center	■ **703-558-4922** 3535 S. Ball St., Suite A, Arlington, VA 22202
Baltimore City	Baltimore Medical System INC	■ **443-703-3200** 2323 Orleans St., Baltimore, MD 21224
Baltimore City	Family Health Centers of Baltimore	■ **410-500-5600** 315 N. Calvert St., 4th Floor, Baltimore, MD 21202
Baltimore City	Paul T. Barbera, Jr., M.D. Privia Medical Group LLC	■ **410-276-0176** 703 S. Clinton St., Baltimore, MD 21224
Baltimore County	Deepak Seth, M.D.	■ **410-284-1004** 207 Wise Ave., Baltimore, MD 21222
Carroll County	Carroll Mental Health Care	■ **410-552-9004** 1643 Liberty Road, Suite 204, Eldersburg, MD 21784
Cecil County	Chesapeake Wellness Center	■ **410-275-8156** 251 Bohemia Ave., Cecilton, MD 21913

City and County	Facility	General Information
Cecil County	Tri-State Health INC	■ **410-392-6408** 107 N. Bridge St., Elkton, MD 21921
Fairfax County	Gagandeep Khurana, M.D.	■ **703-386-6899** 1451 Belle Haven Road, Suite 230 Alexandria, VA 22307
Fairfax County	Hamid S. Assadi, M.D.	■ **703-261-6550** 2555 Chain Bridge Road, Vienna, VA 22181
Fairfax County	Pain & Arthritis Center PC	■ **703-923-9536** 6120 Brandon Ave., Suite 201 Springfield, VA 22150
Fairfax County	Syed Hassan, M.D.	■ **703-635-2775** 5501 Cherokee Ave., Suite 205 Alexandria, VA 22312
Frederick County	Frederick Primary Care Associates, Privia Medical Group LLC	■ **301-898-0618** 10200 Coppermine Road, Woodsboro, MD 21798
Harford County	Nikiruka U. Arene, M.D.	■ **443-371-9750** 2012 Tollgate Road, Suite 206, Bel Air, MD 21014
Montgomery County	Hooman Azmi, M.D.	■ **301-230-8989** 11119 Rockville Pike, Suite 316 Rockville, MD 20852
Washington County	Medical Practices of Antietam LLC	■ **240-452-3400** 24 N. Walnut St., Suite 100 Hagerstown, MD 21740
Washington, D.C.	Body Image Therapy Center	■ **443-674-2843** 2639 Connecticut Ave. NW, Suite 251 Washington, D.C. 20008
Washington, D.C.	Department of Veterans Affairs Community Clinic	■ **202-671-2066** 50 Irving St NW, Washington, D.C. 20003
Washington, D.C.	Medical Home Development Group LLC	■ **202-684-2784** 1647 Benning Rd NE, Suite 200 Washington, D.C. 20002
Washington, D.C.	Psychiatric Center Chartered	■ **202-635-3577** 3001 Bladensburg Rd NE, Fort Washington, D.C. 20018
Washington, D.C.	WHC Physician Group LLC	■ **202-877-6333** 216 Michigan Ave NE, Washington, D.C. 20017
Wicomico County	Mitchell S. Gittelman, D.O., PA	■ **240-964-8585** 31413 Winterplace Pkwy., Suite 103 Salisbury, MD 21804
Wicomico County	Peninsula Mental Health Services	■ **410-860-2673** 102 W. Market St., Suite 208, Salisbury, MD 21804

* Provides medication-assisted treatment services only

City and County	Facility	General Information
Prince George's County	Rashid Khan, M.D.	■ **301-203-8196** 10903 Indian Head Hwy., Suite 307 Ft. Washington, MD 20744
Prince George's County	Vual A. Phillips, M.D.	■ **240-245-4211** 12150 Annapolis Road, Suite 211 Glenn Dale, MD 20769
Wicomico County	Wicomico County Health Department	■ **410-543-6930** 108 E. Main St., Salisbury, MD 21801

Additional Resources by County

Medication-assisted treatment and counseling services.

Allegany County	General Information
Western Maryland Health System	■ **301-723-4937** 900 Seton Drive, Cumberland, MD 21502

Anne Arundel County	General Information
*Kure Pain Management LLC	■ **410-571-2946** 116 Defense Hwy., Suite 403B, Annapolis, MD 21401
*Lawrence Vidaver, M.D., PA	■ **410-761-7901** 1414 Crain Hwy., N. Suite 6A, Glen Burnie, MD 21061
University of Maryland Community Medical Group INC	■ **410-787-4000** 301 Hospital Drive, Glen Burnie, MD 21061

Baltimore City	General Information
*Anil Uberoi, M.D., PA	■ **410-366-1101** 4419A Falls Road, Baltimore, MD 21211
Chase Brexton Health Services INC	■ **410-837-2050** 1111 N. Charles St., Baltimore, MD 21201
*Choice Pain & Rehabilitation LLC	■ **240-786-1001** 1005 North Blvd., Baltimore, MD 21224
*Chul S. Kwon, M.D.	■ **410-235-2880** 711 W. 40th St., Suite 406, Baltimore, MD 21211
Gladstone Psychiatry and Wellness	■ **443-708-5856** 1501 Sulgrave Ave., Suite 200, Baltimore, MD 21209
John Hopkins University, School of Medicine, Department of Medicine	■ **410-550-3350** 4940 Eastern Ave., Baltimore, MD 21224
John Hopkins Community Physicians	■ **410-522-9800** 1000 E. Eager St., Baltimore, MD 21202
John Hopkins University, School of Medicine—Clinical	■ **410-955-1925** 600 N. Wolfe St., Johns Hopkins Hospital, Baltimore, MD 21287

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Baltimore City	General Information
Medstar Good Samaritan Physicians LLC	■ **443-444-8000** 5601 Loch Raven Blvd., Baltimore, MD 21239
Medstar Harbor Physicians LLC	■ **410-350-3601** 3001 S. Hanover St., Suite NA 112, Baltimore, MD 21225
Suyi Park, M.D. & Associates PA	■ **410-539-1057** 700 Washington Blvd., Baltimore, MD 21230
Total Health Care INC	■ **410-383-8300** 1501 Division St., Baltimore, MD 21217
*Toyin O. Opesanmi, M.D.	■ **410-528-6003** 1100 W. Pratt St., Baltimore, MD 21223
University of Maryland Family Medicine Associates PA	■ **667-214-1800** 29 S. Paca St., Baltimore, MD 21201
*White Marsh Healthcare Physical Medicine	■ **443-725-4930** 312 N. Martin Luther King Jr. Blvd., Suite 102, Baltimore, MD 21202

Baltimore County	General Information
Bergrand Group LLC	■ **410-853-7691** 1300 York Road, Suite 300C, Lutherville, MD 21093
Clinical Associates PA	■ **410-494-1381** 515 Fairmount Ave., Suite 100, Towson, MD 21286
GBMC Jarrettsville Family Care	■ **410-771-9220** 9 Schilling Road, Hunt Valley, MD 21031
GBMC Physician Practices	■ **410-683-3380** 1 Texas Station Court, Suite 210, Timonium, MD 21093
Greenbrook TMS Hunt Valley LLC	■ **703-356-1568** 200 International Circle, Suite 1300, Hunt Valley, MD 21030
*Mark A Young, M.D.	■ **410-933-8800** 5430 Campbell Blvd., Suite 205, White Marsh, MD 21162
*Rosen-Hoffberg Rehabilitation & Pain Management Associates PA	■ **410-821-7775** 8415 Bellona Lane, Suite 204, Towson, MD 21204

Calvert County	General Information
*Andrew T. Gergely, M.D. Associates LLC	■ **410-286-0664** 3175 W. Ward Road, Suite 200, Dunkirk, MD 20754
*Bhargesh P. Mehta, M.D., PA	■ **410-535-5555** 1005 Prince Frederick Blvd., Suite 101, Prince Frederick, MD 20678
Calvert County Health Department	■ **410-535-5400** 975 Solomons Island Road, Prince Frederick, MD 20678

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Calvert County	General Information
*Dr. Saleh & Associates LLC	■ **410-535-5602** 301 Steeple Chase Drive, Suite 101, Prince Frederick, MD 20678

Caroline County	General Information
N/A	

Carroll County	General Information
*Airpark Primary Care LLC	■ **410-848-8882** 125 Airport Drive, Unit 34, Westminster, MD 21157
Carrol Medical Group	■ **410-374-9391** 4231 Northwoods Trail, Hampstead, MD 21074
*Dr Vaywala, PA	■ **410-848-2170** 1130 Baltimore Blvd., Westminster, MD 21157
*Manchester Family Medicine LLC	■ **410-374-4747** 2973 Manchester Road, Manchester, MD 21102
*Sharon Alongi, M.D.	■ **410-876-9888** 217 Washington Heights Medical Center, Westminster, MD 21157
*Stephen Laiken, M.D.	■ **410-374-0808** 4111 Lower Beckleysville Road, Hampstead, MD 21074

Cecil County	General Information
Amna Medical Center LLC	■ **410-932-9202** 300 E. Pulaski Hwy., Suite 112, Elkton, MD 21922
MDICS at Union Cecil County LLC	■ **410-398-4000** 106 Bow St., Elkton, MD 21921
Reliance Healthcare LLC	■ **443-907-5756** 300 E. Pulaski Hwy., Elkton, MD 21921
Union Hospital Family Physicians	■ **410-398-4000** 106 Bow St., Elkton, MD 21921

Charles County	General Information
N/A	

Dorchester County	General Information
N/A	

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Frederick County	General Information
Menocal Medical Services, Privia Medical Group LLC	■ **240-215-1138** 110 Baughmans Lane, Suite 140, Frederick, MD 21702
*Pain and Spine Specialists	■ **301-703-8767** 2702 Back Acre Circle, Suite 290B, Mount Airy, MD 21771
TMS Neurohealth Centers Frederick LLC	■ **703-356-1568** 1003 W. 7th St., Suite 200, Frederick, MD 21701
*Westview Urgent Care Medical Center	■ **301-682-8888** 5100 Buckeystown Pike, Suite 186, Frederick, MD 21704

Garrett County	General Information
*P. Daniel Miller, D.O., PA	■ **301-334-4400** 69 Wolf Acres Drive, Oakland, MD 21550

Harford County	General Information
*Kevin L. Snyder, M.D., PA	■ **410-638-0770** 754 N. Hickory Ave., Suite A, Bel Air, MD 21014
Upper Chesapeake Medical Services INC	■ **443-643-1500** 501 S. Union Ave., Havre De Grace, MD 21078

Howard County	General Information
Ahmad N. Khan, M.D.	■ **443-896-4920** 10715 Charter Drive, Suite 270, Columbia, MD 21045
Bluegrass Mental Health LLC	■ **410-457-3196** 5840 Banneker Road, Suite 200, Columbia, MD 21044

Kent County	General Information
N/A	

Montgomery County	General Information
Axis Healthcare Group	■ **202-360-4787** 10400 Connecticut Ave., Suite 500, Kensington, MD 20895
Bethesda Physician Services LLC	■ **301-896-3593** 8600 Old Georgetown Road, Bethesda, MD 20814
*Center for Pain Management LLC	■ **301-528-2811** 19735 Germantown Road, Suite 360, Germantown, MD 20874
Green Ridge Behavioral Health	■ **240-683-6202** 610 Professional Drive, Suite 255, Gaithersburg, MD 20879

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Montgomery County	General Information
Jivana LLC	■ **301-951-3606** 6931 Arlington Road, Suite 520, Bethesda, MD 20814
*Michael E. April, M.D. INC	■ **301-770-6301** 6000 Executive Blvd., Suite 602, Rockville, MD 20852
Mikhail Gendel Family Practice LLC	■ **301-519-2650** 16220 Frederick Road, Suite 200, Gaithersburg, MD 20877
*Molly F. Carr, CRNP	■ **240-631-0200** 438 N. Frederick Ave., Suite 320, Gaithersburg, MD 20877
*Anton Minassian, M.D.	■ **301-654-4948** 7984 Old Georgetown Road, Suite 7C, Bethesda, MD 20814
Primary & Alternative Medical Center	■ **301-681-4860** 12162 Tech Road, Silver Spring, MD 20904
Ramesh K. Thapar, M.D., PA	■ **240-498-7448** 604 S. Frederick Ave., Suite 213, Gaithersburg, MD 20877

Prince George's County	General Information
Behl S. Jyoti, M.D., PA	■ **301-441-1026** 7525 Greenway Center Drive, Suite 315, Greenbelt, MD 20770
*Bowie Internal Medicine Associates	■ **301-262-8188** 14999 Health Center Drive, Suite 201, Bowie, MD 20716
*Debra A. Vereen, M.D.	■ **301-860-0002** 12150 Annapolis Road, Suite 212, Glenn Dale, MD 20769
*Georgetown Pain Management LLC	■ **301-718-1082** 7500 Greenway Center Drive, Suite 940, Greenbelt, MD 20770
Health Choice Family Clinic	■ **301-613-9295** 8700 Central Ave., Suite 302A, Hyattsville, MD 20785
Preventive Care Network Services INC	■ **301-868-7333** 9001 Woodyard Road, Suite C, Clinton, MD 20735
Theodore C. Osuala, M.D.	■ **301-577-9111** 9470 Annapolis Road, Suite 117, Lanham, MD 20706
TMS Neurohealth Centers Greenbelt LLC	■ **855-755-4867** 7474 Greenway Center Drive, Suite 700B, Greenbelt, MD 20770
Total Wellness Medical Center LLC	■ **301-808-0341** 4000 Mitchell Road, Suite B322, Bowie, MD 20716

Queen Anne's County	General Information
N/A	

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St. Mary's County	General Information
Pathways INC	■ **301-373-3065** 44101 Airport View Drive, Hollywood, MD 20636

Somerset County	General Information
McCready Foundation INC	■ **410-968-1200** 201 Hall Hwy., Crisfield, MD 21817
Princess Anne Family Practice	■ **410-651-0350** 30434 Mt. Vernon Road, Princess Anne, MD 21853

Talbot County	General Information
N/A	

Washington County	General Information
Washington County Health Department	■ **240-313-3284** 1302 Pennsylvania Ave., Hagerstown, MD 21742

Wicomico County	General Information
J. David Collins & Associates LLC	■ **410-548-3333** 540 Riverside Drive, Suite 8, Salisbury, MD 21801

Worcester County	General Information
*KNJ Properties LLC	■ **410-641-3759** 10308 Old Ocean City Blvd., Berlin, MD 21811

Virginia—Northern	General Information
*Francesse M. Bataille, M.D.	■ **703-441-1905** 3771 Fettler Park Drive, Dumfries, VA 22025
Hedy K. Campos, CRNP	■ **540-891-7891** 4701 Spotsylvania Pkwy., Suite 101, Fredericksburg, VA 22407
Inova Fairfax Hospital, Department of Psychiatry	■ **703-664-7000** 2501 Parkers Lane, Alexandria, VA 22306
Maria Wasique, M.D.	■ **571-223-5610** 21785 Filgree Court, Suite 215, Ashburn, VA 20147
*Pediatric Specialists of VA	■ **703-876-2788** 3023 Hamaker Court, Suite 600, Fairfax, VA 22031
*Nova Gynecology Associates	■ **703-370-0550** 5999 Stevenson Ave., Suite 403, Alexandria, VA 22304
Potomac Health Services LLC	■ **703-861-8722** 611 S. Carlin Springs Road, Suite 501, Arlington, VA 22204

Virginia—Northern	General Information
Regional Health Partners LLC	■ **703-691-4000** 3915 Old Lee Hwy., Suite 21C, Fairfax, VA 22030
Sofia Rizwan, M.D., PC	■ **703-569-1300** 8440 Old Keene Mill Road., Springfield, VA 22152
*Viet H. Nguyen, D.O., Privia Medical Group LLC	■ **703-532-1909** 6408 Seven Corners Place, Suite C, Falls Church, VA 22044
Washington Behavioral Health PC	■ **703-492-2924** 1954 Opitz Blvd., Unit 7, Woodbridge, VA 22191

Washington, D.C.	General Information
John F Dombrowski, M.D., PC	■ **202-362-4787** 3301 New Mexico Ave., Suite 346, Washington, D.C. 20016
Medical Home Development Group LLC	■ **202-684-2784** 1647 Benning Road, NE, Suite 200, Washington, D.C. 20002
WHC Physician Group LLC	■ **202-877-6333** 216 Michigan Ave., NE, Washington, D.C. 20017
Amir Rehman, M.D.	■ **202-722-0404** Holy Health Care Services LLC 62110 N. Capitol St. NW, Washington, D.C. 20020
Edwin C Chapman, M.D., PC	■ **202-396-8550** 1647 Benning Road NE Suite 200, Washington, D.C. 20002
Alvaro Guzman, M.D.	■ **202-291-4707** Andromeda Inc. 1400 Decatur St. NW, Washington, D.C. 20011
Tamia Rollins-Musgrave, FNP	■ **202-803-2340** Elaine Ellis Center of Health 1605 Kenelworth Ave. NE, Washington, D.C. 20019
Psychiatric Center, Chartered	■ **202-635-3577** 3001 Bladensburg Road NE, Fort Washington, D.C. 20018

* Provides medication-assisted treatment services only

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CST4777-1E (4/23)

Notice of Nondiscrimination and Availability of Language Assistance Services

(UPDATED 4/15/2025)

CareFirst BlueCross BlueShield, CareFirst BlueChoice, Inc., CareFirst Diversified Benefits and all of their corporate affiliates (CareFirst) comply with applicable federal civil rights laws and do not discriminate on the basis of race, color, national origin, age, disability or sex. CareFirst does not exclude people or treat them differently because of race, color, national origin, age, disability or sex.

CareFirst:

- Provides free aid and services to people with disabilities to communicate effectively with us, such as:
  - Qualified sign language interpreters
  - Written information in other formats (large print, audio, accessible electronic formats, other formats)
- Provides free language services to people whose primary language is not English, such as:
  - Qualified interpreters
  - Information written in other languages

If you need these services, please call 855-258-6518.

If you believe CareFirst has failed to provide these services, or discriminated in another way, on the basis of race, color, national origin, age, disability or sex, you can file a grievance with our CareFirst Civil Rights Coordinator by mail, fax or email. If you need help filing a grievance, our CareFirst Civil Rights Coordinator is available to help you.

To file a grievance regarding a violation of federal civil rights, please contact the Civil Rights Coordinator as indicated below. Please do not send payments, claims issues, or other documentation to this office.

Civil Rights Coordinator, Corporate Office of Civil Rights

Mailing Address	P.O. Box 14858 Lexington, KY 40512
Email Address	**civilrightscoordinator@carefirst.com**
Telephone Number	410-528-7820
Fax Number	410-505-2011

You can also file a civil rights complaint with the U.S. Department of Health and Human Services, Office for Civil Rights electronically through the Office for Civil Rights Complaint portal, available at **https://ocrportal.hhs.gov/ocr/portal/lobby.jsf** or by mail or phone at:

U.S. Department of Health and Human Services
200 Independence Avenue, SW
Room 509F, HHH Building
Washington, D.C. 20201
800-368-1019, 800-537-7697 (TDD)

Complaint forms are available at **http://www.hhs.gov/ocr/office/file/index.html**.

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Attention (English): This notice contains information about your insurance coverage. It may contain key dates and you may need to take action by certain deadlines. You have the right to get this information and assistance in your language at no cost. Members should call the phone number on the back of their identification card. All others may call 1-855-258-6518 and wait through the dialogue until prompted to push 0. When an agent answers, state the language you need and you will be connected to an interpreter.

ማሳሰቢያ (Amharic)፦ ይህ ማሳወቂያ ስለ ኢንሹራንስ ሽፋንዎ መረጃ ይዟል። ቁልፍ ቀኖችን ሊይዝ ይችላል እና በተወሰኑ የግዜ ገደቦች እርምጃ መውሰድ ሊኖርብዎ ይችላል። ይህን መረጃ እና እገዛ ያለ ምንም ወጪ በቋንቋዎ የማግኘት መብት አለዎት። አባላት በአባላት መታወቂያ ካርዳቸው ጀርባ ወዳለው ስልክ ቁጥር መደወል አለባቸው። ሌሎች በሙሉ ወደ 855-258-6518 በመደወል 0ን እንዲጫኑ እስኪጠየቁ ድረስ ምልልሱን መጠበቅ ይችላሉ። አንድ ወኪል ሲመልስ፣ የሚፈልጉትን ቋንቋ ይግለጹ እና ከአስተርጓሚ ጋር ይገናኛሉ።

انتبه (Arabic): يحتوي هذا الإشعار على معلومات حول تغطيتك التأمينية. قد يحتوي على تواريخ رئيسية وقد تحتاج إلى اتخاذ إجراء بحلول مواعيد نهائية معينة. لديك الحق في الحصول على هذه المعلومات والمساعدة بلغتك دون أي تكلفة. يجب على الأعضاء الاتصال برقم الهاتف الموجود على ظهر بطاقة هوية العضوية الخاصة بهم. يمكن للآخرين الاتصال بالرقم 855-258-5618 والانتظار طوال الحوار حتى يُطلب منهم الضغط على الرقم 0. عندما يجيبك أحد الوكلاء، حدد اللغة التي تحتاجها وسيتم توصيلك بمترجم فوري.

মনোযোগ দিন (Bengali): এই বিজ্ঞপ্তিতে আপনার বীমা কভারেজ সম্পর্কে তথ্য রয়েছে। এতে গুরুত্বপূর্ণ তারিখগুলি থাকতে পারে এবং আপনাকে হয়ত নির্দিষ্ট সময়সীমার মধ্যে পদক্ষেপ নিতে হতে পারে। আপনার ভাষায় বিনামূল্যে এই তথ্য এবং সহায়তা পাওয়ার অধিকার আপনার আছে। সদস্যদের তাদের সদস্য পরিচয়পত্রের পিছনে দেওয়া ফোন নম্বরে কল করা উচিত। অন্যরা 855-258-6518 নম্বরে কল করতে পারেন এবং 0 চাপ দেওয়ার জন্য অনুরোধ না করা পর্যন্ত সংলাপের জন্য অপেক্ষা করতে পারেন। যখন একজন এজেন্ট উত্তর দেবেন, তখন আপনার প্রয়োজনীয় ভাষাটি বলুন এবং আপনাকে একজন দোভাষীর সাথে সংযুক্ত করা হবে।

注意（Chinese）：此通知包含有關您的保險範圍的資訊。它可能包含關鍵日期，您可能需要在特定截止日期之前採取行動。您有權免費以您的語言獲取此資訊和協助。會員應撥打會員證背面的電話號碼。其他所有人可以撥打 855-258-6518 並等待對話框，直到提示按 0。當代理商接聽時，請說明您需要的語言，然後您将會與翻譯人員聯繫。

توجه (Farsi): این اطلاعیه حاوی اطلاعاتی درباره پوشش بیمه‌ای شما است. ممکن است شامل تاریخ‌های مهم باشد و لازم باشد تا مهلت‌های مشخصی اقدام کنید. شما حق دارید این اطلاعات و کمک را به زبان خود و به‌صورت رایگان دریافت کنید. اعضا باید با شماره تلفن درج‌شده در پشت کارت شناسایی عضویت خود تماس بگیرند. سایر افراد می‌توانند با شماره *855-258-6518* تماس بگیرند و منتظر بمانند تا دستور داده شود که عدد 0 را فشار دهند. هنگامی که یک نماینده پاسخ داد، زبان مورد نیاز خود را اعلام کنید تا به یک مترجم متصل شوید.

Attention (French): Le présent avis contient des informations essentielles relatives à votre couverture d’assurance. Il peut inclure des échéances importantes nécessitant une action de votre part dans un délai déterminé. Vous avez le droit d’obtenir ces informations ainsi qu’une assistance dans votre langue, et ce, sans frais. Les assurés sont invités à contacter le numéro figurant au verso de leur carte d’adhérent. Toute autre personne peut appeler le 855-258-6518 et patienter jusqu’à l’invitation à composer le 0. Lorsque votre appel sera pris en charge, indiquez la langue souhaitée afin d’être mis en relation avec un interprète.

Achtung (German): Dieser Hinweis enthält Informationen zu Ihrem Versicherungsschutz. Darin sind möglicherweise wichtige Termine aufgeführt und Sie müssen möglicherweise bis zu bestimmten Fristen Maßnahmen ergreifen. Sie haben das Recht, diese Informationen und Unterstützung kostenlos in Ihrer Sprache zu erhalten. Mitglieder sollten die Telefonnummer auf der Rückseite ihres Mitgliedsausweises anrufen. Alle anderen können 855-258-6518 anrufen und den Dialog abwarten, bis sie aufgefordert werden, die 0 zu drücken. Wenn ein Agent antwortet, geben Sie die gewünschte Sprache an und Sie werden mit einem Dolmetscher verbunden.

ध्यान दें (Hindi): इस नोटिस में आपके बीमा कवरेज के बारे में जानकारी है। इसमें महत्वपूर्ण तिथियां हो सकती हैं और आपको निश्चित समय सीमा तक कार्रवाई करनी पड़ सकती है। आपको यह जानकारी और सहायता अपनी भाषा में निःशुल्क प्राप्त करने का अधिकार है। सदस्यों को अपने सदस्य पहचान पत्र के पीछे दिए गए फ़ोन नंबर पर कॉल करना चाहिए। अन्य सभी लोग 855-258-6518 पर कॉल कर सकते हैं और 0 दबाने का संकेत मिलने तक संवाद की प्रतीक्षा कर सकते हैं। जब कोई एजेंट उत्तर दे, तो वह भाषा बताएं जिसकी आपको आवश्यकता है और आपको दुभाषिया से जोड़ा जाएगा।

Leruoanya (Igbo): ọ́kwà a nwere ozi bànyéré mkpuchi megide ihe mberede gị. Ọ nwere ike inwe ụbọchị ndi dị óké ḿkpà ma o nwekwara ike idị mkpa ka imee ihe tupu oge ụfọdụ agafee. Inwere ikike inweta ozi a ya na enyemaka na asụsụ gị n'akwụghị ụgwọ ọbụla. Ndi òtù ga akpọ ọnụọgụgụ ekwenti dị na àzụ́ ḱáàdị njirimara ndi òtù ha. Ndi ọ̀zọ́ nile nwere íke ịkpọ 855-258-6518 ma chere geruo mkparịta ụka ruo mgbe asi ha pịa 0. Mgbe onye ozi zara,kwuo asụsụ ichọrọ, a ga ejikota gi na onye ntughari asụsụ.

Attenzione (Italian): Questa informativa contiene informazioni sulla copertura assicurativa. Potrebbe contenere date importanti e potrebbe essere necessario intraprendere azioni entro determinate scadenze. È possibile ottenere queste informazioni e assistenza nella propria lingua gratuitamente. I membri sono pregati di chiamare il numero di telefono riportato sul retro del proprio tesserino di riconoscimento. Tutti gli altri possono chiamare il numero 855-258-6518 e rimanere in linea fino a quando non viene richiesto di premere 0. Quando un operatore risponde, è necessario indicare la lingua desiderata per essere messi in contatto con un interprete.

주의 (Korean): 이 고지에는 귀하의 보험 적용 범위에 대한 정보가 포함되어 있습니다. 여기에는 주요 날짜가 포함되어 있을 수 있으며, 특정 마감일까지 조치를 취해야 할 수도 있습니다. 귀하는 비용 없이 귀하의 언어로 이러한 정보와 지원을 받을 권리가 있습니다. 회원은 회원증 뒷면에 있는 전화번호로 전화하시기 바랍니다. 회원이 아닌 모든 분들은 855-258-6518 로 전화하여 안내 메시지가 끝날 때까지 기다렸다가 0 을 눌러주세요. 상담원이 통화에 응답했을 때, 필요한 언어를 말씀하시면 통역사와 연결됩니다.

Baa'ákonínízin (Navajo): Díí bee ił hane'í béeso nich'ą́ąh naa'nil bee nik'é'asti'í bódahólníihgo bee baa dahane'í biyi'. Dayoołkáłí dóó bee ida'ii'aahí háídíí shį́į́ t'áá bich'į'jį' ha'át'íishį́į́ ádadiiliiłígíí biyi'. Díí bee baa dahane'í dóó t'áá jiik'eh nizaad bee nika'e'eyeedgo bee ná'ahoot'i'. Bił hada'dít'éhí binaaltsoos nitł'izhí bee béédahóziní bąąh béésh bee hane'í námboo biká'ígíí yee dahalne' dooleeł. Nááná ła' 855-258-6518 yee dahalne' dóó yáłti'í biba' asdáago niléí ó bił adílchíid hodoo'niidjį'. Naalnishí haadzį́į'go, saad nínízinígíí bee bił hodíilnih dóó ata' yáłti'í bich'į' ni'doolnih.

ध्यान दिनुहोस् (Nepali): यस सूचनामा तपाईंको बीमा कभरेजका बारेमा जानकारी समावेश छ। यसमा प्रमुख मितिहरू हुन सक्छन् र तपाईंले निश्चित समयसीमा भित्र कारबाही गर्नुपर्ने हुन सक्छ। तपाईंलाई यो जानकारी र सहयोग तपाईंको भाषामा निःशुल्क प्राप्त गर्ने अधिकार छ। सदस्यहरूले आफ्नो सदस्य परिचयपत्रको पछाडि रहेको फोन नम्बरमा कल गर्नुपर्छ। अरू सबैले 855-258-6518 मा कल गर्न सक्छन् र ० पुश गर्न प्रेरित नभएसम्म संवादको प्रतीक्षा गर्न सक्छन्। एजेन्टले जवाफ दिँदा, तपाईंलाई चाहिने भाषा बताउनुहोस् र तपाईंलाई दोभाषेसँग जोडिने छ।

Atenção (Portuguese): Este aviso contém informações sobre a cobertura do seu seguro. Ele pode conter datas importantes e você pode precisar tomar medidas dentro de determinados prazos. Você tem o direito de obter essas informações e assistência em seu idioma, sem nenhum custo. Os associados deverão ligar para o número de telefone indicado no verso do seu cartão de identificação de associado. Todos os outros podem ligar para 855-258-6518 e aguardar a mensagem até que seja solicitado a pressionar 0. Quando um agente atender, indique o idioma que você precisa e você será conectado a um intérprete.

Внимание (Russian): В настоящем уведомлении содержится информация о вашем страховом покрытии. Оно может содержать ключевые даты, и вам может потребоваться предпринять действия к определенным срокам. Вы имеете право получить эту информацию и помощь на своем языке бесплатно. Членам профсоюза следует звонить по номеру телефону, указанному на обратной стороне их удостоверения личности. Все остальные могут звонить по номеру 855-258-6518 и дождаться диалога, пока не появится предложение нажать 0. Когда агент ответит, назовите нужный вам язык, и вас соединят с переводчиком.

Fa'alogo (Samoan): O lenei fa'aaliga o lo'o iai fa'amatalaga i vaega e kava e lau inisiua. E ono aofia ai aso taua ma atonu e te manaʻomia ai le faia o se gaioiga i nisi taimi faʻagata. E iai lau aia tatau e maua ai nei fa'amatalaga ma fesoasoani i lau gagana e aunoa ma se totogi. E tatau i sui auai ona vili le numera o le telefoni i tua o le latou pepa faamaonia. O isi uma e mafai ona vala'au i le 855-258-6518 ma fa'atali i le talanoaga se'ia fa'atonuina e oomi le 0. A tali mai se so'o upu, fa'ailoa atu le gagana e te mana'omia ona fa'afeso'ota'i lea o oe i se tagata fa'aliliu.

Pažnja (Serbian): Ovo obaveštenje sadrži informacije o vašem osiguranju. Može sadržati ključne datume i možda ćete morati da preduzmete akciju do određenih rokova. Imate prava da dobijete ove informacije i pomoć na vašem jeziku besplatno. Trebalo bi da članovi nazovu telefonski broj na poleđini svoje članske legitimacije. Svi ostali mogu pozvati 855-258-6518 i sačekati automat dok ne dobiju obaveštenje da pritisnu taster "0". Kada se agent javi, navedite jezik koji vam je potreban i bićete povezani s prevodiocem

Atención (Spanish): Este aviso contiene información sobre su cobertura de seguro. Puede contener fechas clave y es posible que deba tomar medidas antes de determinadas fechas límite. Usted tiene derecho a obtener esta información y asistencia en su idioma sin coste alguno. Los afiliados deben llamar al número de teléfono que figura en el reverso de su tarjeta de identificación del afiliado. Todos los demás pueden llamar al 855-258-6518 y esperar el diálogo hasta que se les solicite presionar 0. Cuando un agente responda, indique el idioma que necesita y se conectará con un intérprete.

Atensyon (Tagalog): Ang abisong ito ay naglalaman ng impormasyon tungkol sa saklaw ng iyong insurance. Maaaring naglalaman ito ng mga mahahalagang petsa at maaaring kailanganin mong kumilos ayon sa ilang partikular na mga deadline. May karapatan kang makuha ang impormasyong ito at tulong sa iyong wika nang walang bayad. Ang mga miyembro ay dapat tumawag sa numero ng telepono sa likod ng kanilang member identification card. Ang lahat ng iba ay maaaring tumawag sa 855-258-6518 at maghintay hanggang sa masabihan na pindutin ang 0. Kapag sumagot ang isang ahente, sabihin ang wikang kailangan mo at ikaw ay ikokonek sa isang tagapagsalin.

توجہ (Urdu): اس نوٹس میں آپ کی انشورنس کوریج کے بارے میں معلومات شامل ہیں۔ اس میں کلیدی تاریخیں شامل ہو سکتی ہیں اور آپ کو کچھ آخری تاریخوں تک کارروائی کرنے کی ضرورت پڑ سکتی ہے۔ آپ کو یہ معلومات اور مدد اپنی زبان میں، بغیر کسی قیمت کے حاصل کرنے کا حق ہے۔ ممبران کو اپنے رکنیتی کارڈ کی پشت پر دئے گئے فون نمبر پر کال کرنی چاہیے۔ باقی تمام لوگ *855-258-6518* پر کال کر سکتے ہیں اور 0 دبانے کا اشارہ ملنے تک ڈائیلاگ پر انتظار کرنا چاہئیے۔ جب کوئی ایجنٹ جواب دیتا ہے تو اپنی مطلوبہ زبان بتائیں اور آپ کا رابطہ ایک مترجم سے کر دیا جائے گا۔

Lưu ý (Vietnamese): Thông báo này có chứa thông tin về phạm vi bảo hiểm của bạn. Nó có thể chứa các ngày quan trọng và bạn có thể cần phải hành động theo thời hạn nhất định. Bạn có quyền nhận thông tin và hỗ trợ này bằng ngôn ngữ của mình mà không mất phí. Các thành viên nên gọi đến số điện thoại ở mặt sau thẻ thành viên của mình. Những người khác có thể gọi đến số 855-258-6518 và chờ qua hội thoại cho đến khi được nhắc nhấn số 0. Khi có nhân viên trả lời, hãy nêu ngôn ngữ bạn cần và bạn sẽ được kết nối với phiên dịch viên.