CareFirst
Family of health care plans

Your Health Plan Guide

There's a lot more to your CareFirst plan than just medical benefits. To help you learn more about the programs, services and resources—available at no or low cost—we created a comprehensive, all-in-one, go-to source for your convenience.



Discover a whole world of support, tools and more at your fingertips!

- CloseKnit virtual care
- Noom
- Diabetes Virtual Care program
- Tobacco cessation program
- Behavioral health and addiction support
- Care management programs
- Understanding your prescription coverage
- Online member resources
- Earning rewards and saving

Scan here for convenient access to your health plan guide.

Programs may require you to meet certain criteria to qualify.

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